WINTER | FEBRUARY, 2020

SOUTHERN REGIONAL NEWSLETTER

SORORS on the MOVE

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Hello Sorors,

The countdown to the 83rd Southern Regional Conference in Miami, FL has begun.

The Executive Committee and I have been working to plan an informative and educational conference complete with some sisterly fun and entertainment. Workshop topics include money management and establishing a 501(c)(3). At Thursday's opening reception, meet sorors new to Iota, welcome our first timers and reconnect with sorors you haven't seen in awhile. The Hardrock Excursion on Friday night offers an opportunity for some offsite entertainment.

During the First Business Session, National President, Dorothy White (Alpha Chapter, Chicago, IL), will share an overview of her first 8 months in office, highlights of accomplishments, and future opportunities for Iota.

Gamma Alpha, host chapter, has done a wonderful job and is looking forward to showing us Southern hospitality the Miami, FL way. They guarantee a "sun shiny affair."

Sorors, plan to wear all white Saturday, March 21st, 9 am, to our Second Business Session. Our Memorial Service immediately follows this session and you will not have an opportunity to change.

Group photos (all white attire with kente cloth) will be taken Saturday following our Business and Educational Luncheon.

A heartfelt thank you Sorors for what you do each and everyday for IOTA!

We'll see you in Miami, FL!

Sisterly grateful,

Phyllis

Regional Director

Poem

Untitled

"A woman with a book and a pen has the power to move nations. A woman with a mind and a voice has the power to change worlds."

~Sasha Temerte~

Iota Phi Lambda Sorority Incorporated

Sorors,

It is my pleasure to announce that Iota Phi Lambda Sorority, Inc. has entered into a partnership with the United States Census Bureau. As an external partner, we will assist in their effort to raise awareness to ensure that the members of our communities are represented in the U.S. Census count. Through this partnership, Iota Phi Lambda Sorority, Inc. seeks to make an impact by ensuring that we have a complete and accurate count of the people in our community. We will support this effort on a national, regional and local level. To participate in the effort, we have been granted the right to use the census logo in our effort to raise awareness of the U. S. Census.

National Participation: We will display the Census logo and information on our website and Facebook page. We will also direct information and sources of support to the membership.

Regional Participation: We ask that each Regional Director support this effort by displaying the logo and information. We also asked them to provide a table at their regional conferences to display Census materials.

Local Chapter Participation: We ask chapters to also display the logo and information. You will also have the option to participate in a recruitment drive, to help recruit workers for Census 2020. You may also opt to distribute literature to the community and/or host workshops in your area. The Census Bureau in your area will provide speakers if needed.

Dorothy M. White
23rd National President

Soror Patricia Griffin joined Beta Rho chapter in Selma, Al after her job with BellSouth transferred her from Miami FL. Soror Griffin became a member of Gamma Alpha. Soror Griffin served as President, Secretary, Correspondence Secretary and chaired many committees which included Chairperson of our annual Business Month Luncheon for many years. In addition to holding positions in the local chapter she served as Regional Director (Southern Region), Assistant Regional Director, Regional Secretary and National Recording Secretary.

Soror Griffin went above and beyond to keep the Chapter together by representing Beta Rho at the Regional conferences and the National conventions. We will never forget that she traveled 100 miles round trip to attend our monthly meetings and all other programs of the chapter. Soror Griffin would often attend functions held by other Alabama Iota chapters. It was her desire to run for Soror of the year had her health not failed.

There was no job too big for her to tackle. The memory of her dedication to Iota will forever be with us.

Sisterly,

Shirley Holmes
Beta Rho President

SORORS! SORORS! SORORS!
Can you hear us now? "Come on down! You're the next "turtletant" at the 83rd Southern Regional Conference! If you have not registered in our ohhh so Southern drawl, "Whatcha waitin' fo?"

The stage has been set and the gracious, gorgeous and giving Sorors of Gamma Alpha anxiously await your arrival! We'll be "Stepping out to the Rock" and showing some Southern hospitality that you have never experienced! Do you think we are excited? "YES! YES!! Green YES!"

Pack your bags with plenty of green and white and head on down to Miami, the city of bright lights and magic! It will truly be a "sun shiny affair!"

Turtle love,
Soror Jo Ann

Spotlight Soror ~ Gamma Alpha Chapter

Soror Hattie Burnett

One of a kind, fantastic record keeper, persistent and talented are only a few words to describe Soror Hattie Burnett who hails from Soperton, Georgia! She has been a true life-line for Gamma Alpha having served on every program and project committee and treasurer for several terms.

She especially loves our FILs, aka Gems and Gents, where she has been a stalwart mentor to hundreds of 6th grade participants. She continues to be "on the battlefield" for the Lord, NAACP, AARP and Iota! Soror Burnett has been a member since 1978 and is an invaluable resource while still active in her 80+ years! She more than deserves to be spotlighted as a dedicated, encouraging, giving and "turtle-phenomena" of a Soror!

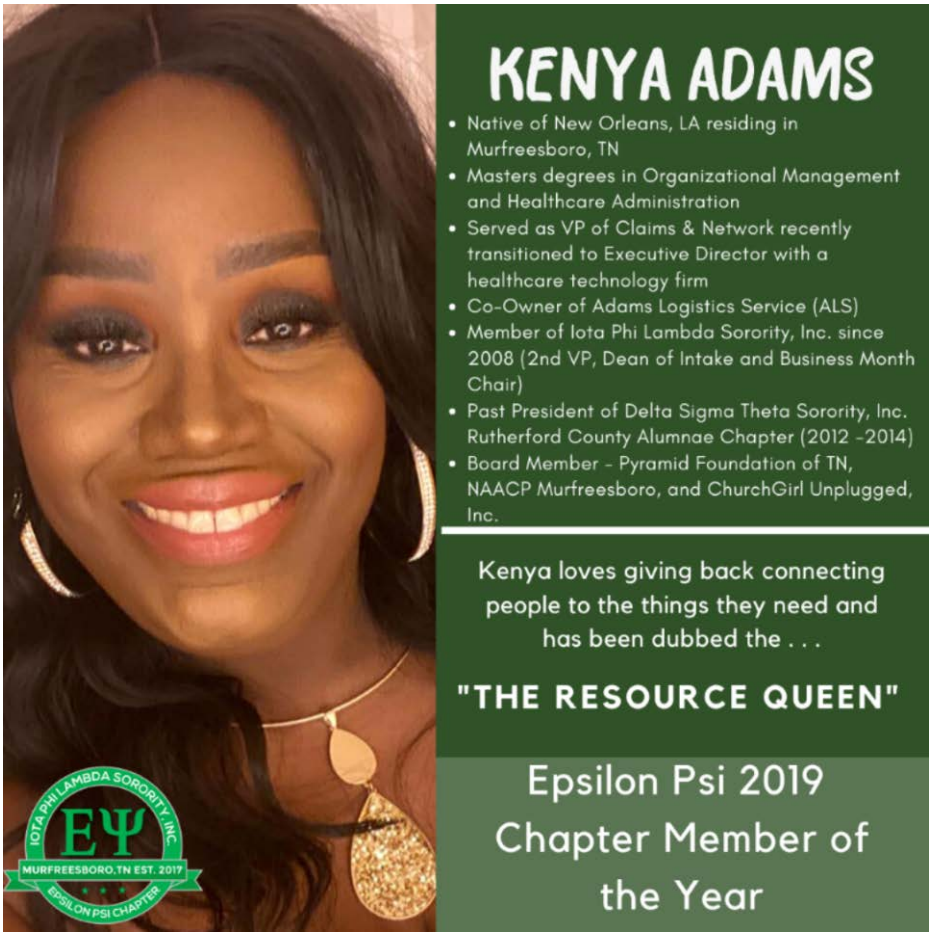
Spotlight Soror ~ Gamma Alpha Chapter

Soror Vannie Deloris Barr-Fisher

Gamma Alpha's very own **Vannie Deloris Barr-Fisher** has represented South Florida on its Business Development Mission to Africa and South Africa. As part of the coalition team spearheaded by Honorable Commissioner Audrey M. Edmonson, the International Trade Consortium ***(ITC)*** and Office of Economic Development and International Trade ***(OEDIT),*** whose objective has been to build up the infra-structure of these countries (airports) and increase trade with the Port of Miami that was damaged when Mr. Nelson Mandala was snubbed during his visit to the Miami area years past.

During 2014 and 2019, the team of some 24 participants have traveled to Johannesburg and Cape Town, South Africa; Middle Africa (Nigel and Durbin); Nairobi, Kenya and Addis Ababa, Ethiopia. Soror Barr-Fisher was able to ***"sit at the table"*** with high-level government officials, industry and business leaders. Soror Barr-Fisher also participated in a Post-Mission Workshop held in Miami where over 300 women gathered to discuss and make plans to strengthen business and cultural ties. We expect great results from these efforts and proudly salute our soror.

Spotlight Soror ~ Epsilon Psi Chapter



Spotlight Soror ~ Zelta Delta Chapter

Soror Elverna Cain became certified as a personal trainer in August 2014. After being contacted by many women expressing a desire to work out in smaller groups with less men, Elverna was led to start her own business, “Let's Get It" Personal Training in March 2015. "Let's Get It" targets women who want to lose weight, get off medication, and have better health in a smaller setting than a larger gym. Her business also provides training to men. Elverna provides one on one personal training, small group personal training, high intensity interval training, long distance training, nutritional plans, line dancing, vision board plans and accountability. Elverna has also been a social worker for 29 years and specializes in human behavioral health. If you are ready to make a change in your overall physical health and change your behavioral habits regarding your nutritional intake, contact Elverna to schedule a consultation.

Elverna’s commitment to physical fitness is both professional and personal. She has competed in six NPC Masters Bikini bodybuilding competitions and has placed in every show including 3 first place wins and 2 overall wins in her class.

ΙΦΛ

Chapters Newsletter

Zeta Delta News

November 2019 – February 2020

American Education Week:

The Zeta Delta Chapter honored 5 outstanding K-12 educators the week of November 18- 22: Whitney Daniels, Chantal Hess- Taylor, Shayla Hill, Sophia Harmon, and Belinda Rozell. Each educator was given a certificate of appreciation and sweet teacher treats!

Joy in the Journey:

On February 8th, we were fortunate to be blessed by the amazing testimony of up and coming author Ms. Delphine Mitchell. Her true story of despair, redemption, and spiritual self-discovery is both captivating and inspirational. Her autobiographical book, **"Kept: One Woman's Helter-Skelter Journey Through Life"** is currently for sale on Amazon.

Winter Holiday Celebration:

The ladies of Zeta Delta know how to have fun and fellowship! The week before Christmas, we met at Abuelo's and had a great time getting into the holiday spirit and sharing Secret Santa gifts!

GO RED!! (February 7, 2020) Supporting the Cause

Alpha Xi Chapter

ΙΦΛ

"Business and Professional Women Building the Foundation for Generational Financial Empowerment"

November 2019—January 2020

American Education Week— Essay Contest

Winners of the Essay Contest pictured on the left below consisted of (left to right, front row) students S Douglass, C Turner, N Fisher, L Fisher, E Douglass, A Gray, and P Evans-Hardin, and back row - Andre Canty-speaker, and sorors Monica Reed, Theresa Taylor and Phyllis Moore. Andre Canty (also pictured on top right) spoke to youth of his experience of being cyber-bullied. Sorors Rhonda and DyKeisha of Zeta Delta Chapter took a quick break in their travels to visit our chapter's American Education Week event (second pix below). Pelatis Johnnie Bridges and Gwendolyn Nelson and MOI J Jowers attended our program (third and fourth pictures below). This was a public event held on Saturday, November 16, 2019 at 3 p.m. at the Knox County Public Works Building.

Additional Pictures from American Education Week

Audience

Alpha Xi sorors

Martin Luther King Holiday Events

"A Night With The Arts" sponsored by the MLK Commission in the Historic Tennessee Theater delighted Sorors B Jowers, E Hallman, G Cherry (left) and M Reed, B Jowers and E Hallman (right).

Left: G. Cherry attended the "MLK Leadership Symposium."
Right: B. Jowers (second from left) attended the "MLK Leadership Awards Luncheon."

HOLIDAY ACTIVITY

Soror Phyllis and MOI Michael Moore Hosted our Holiday Get-Together

Phyllis Moore accepting hostess gift from Alpha Xi Chapter on December 14, 2019.

"Regional Theme: "A Sisterhood United, Focused on Education and Impacting Socio-Economic Change"

EPSILON PSI CHAPTER NEWSLETTER Dec. — Feb. 2020

Epsilon Psi welcomes 16 ExPressions of Pearls. These radiant pearls exude nothing but utter beauty, professionalism, entrepreneurship and elegance. We are overjoyed to have these heavy hitters in our chapter. (Dec)

Epsilon Psi took part in a community service partnership with West Nashville Dream Streets Christmas party Mobile Food Saturday! 37 kids came to enjoy cookie making with 205 individuals fed with groceries from Trader Joes. This is the dream. We pray that God continues to grow these relationships in the coming year. (Dec)

Epsilon Psi FIL made Christmas cards and decorated gift boxes with warm cozy socks for our local nursing home residents. We also adopted two Angel Tree children. Teaching children giving is the reason for the season is our mission. Thank you Soror Sandra Tucker for the delivery! (Dec)

We work hard and play harder! We had a blast at our Christmas potluck Dirty Iota Christmas Exchange. Our MOI came thru and represented as well. Thank you Sorors and gentleman for an awesome time. Merry Christmas!! (Dec)

Epsilon Psi rings in the New Year 2020 with the Pyramid Foundation of TN – supporting Mental Health Awareness (Jan)

We celebrated the life and legacy of Rev. Dr. Martin Luther King, Jr. at the NAACP MLK Breakfast. A day on and not a day off. (Jan)

As we kicked off the first chapter meeting of 2020 announcing the Chapter Member Soror of the Year, Kenya Adams. (Jan)

Zeta Epsilon Gazette

November 2019—February 2020

American Education Week
November 18 –22, 2019

Zeta Epsilon Chapter celebrated American Education Week on November 22, 2019, by awarding the winners of the Iota Phi Lambda Sorority, Inc.— **Evelyn D. Wilkey National Youth Contest**. We received approximately 68 entries from middle and high school students.

OUR WINNERS ARE:

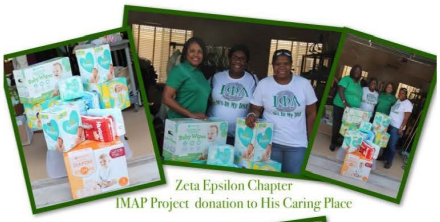
Middle School : 1st Place Winner Belicia Omier, 2nd Place Delaney Littman, and 3rd Place Isabella Gallo

High School : 1st Place Winner Erin Hosein, 2nd Place Winner Angel Williams, and 3rd Place Joshua Ebanks

Zeta Epsilon Candyland Themed Christmas Social

Dec. 21, 2019. Sorors Sonjia, Sarah, Dezonia, Angelique and Jeri had a great time celebrating the real reason for the season, Jesus Christ. We exchanged gifts and played Candyland Trivia. (RIGHT)

Zeta Epsilon Monthly Wine Down Wednesday's (LEFT)



Iota Mothers Assistance Program (IMAP)

On **January 18, 2020,** Zeta Epsilon Chapter provided pampers and wipes for a second year to His Caring Place as part of Iota Phi Lambda Sorority, Inc. project IMAP.

Pictured: Sorors Sonjia, Angelique, Dezonia, and Jeri

THE *February 2020* RHO REPORT

Rho Shares Gifts for Christmas

Rho Chapter members participated in the Durham Department of Social Services' 2019 Share Your Christmas Project. Three females, two who are visually impaired, were selected to receive gifts under the tree for Christmas. Sorors Emma Mosby and Phyllis Shumate shopped, wrapped, and delivered selected gifts to Social Services.

Soror Gail Lloyd Receives Award from Durham Board of Elections

During the January sorority meeting Soror Gail Lloyd was recognized for receiving a Certificate of Appreciation in recognition of her dedication, passion, and hard work as a precinct official for 20+ elections with the Durham County Board of Elections on August 9, 2019. The award was presented by Derek L. Bowens, Director of Durham County Board of Elections. Durham County Board Members and Political Party Chairs were in attendance.

H.E.A.R.T.S in the News

ABC 11 WTVD Featured the HEARTS program on its evening news program. Rho also presented a workshop on financial literacy to the participants. HEARTS which stands for Helping Each Adolescent Reach Their Spark -- is a theory-based intervention organization geared towards educating pregnant teenagers.

Rho Learns About Hands-Only CPR for American Heart Month Presentation

The February 2020 Healthy Living Presentation focused on American Heart Month, a national celebration, to highlight the importance of heart health. The specific topic addressed was "The Importance of Knowing Hands-Only CPR". Hands-Only CPR is Cardiopulmonary Resuscitation without rescue breaths. It can be done in 2 easy steps: 1) Call 911 and 2) Push hard and fast in the center of the chest to the beat of the Bee Gees classic disco song "Staying Alive". The song is 100 beats per minute. Knowing what to do if someone collapses from sudden cardiac arrest saves lives. Two youth attending the session discussed the warning signs of a heart attack and demonstrated the Hands Only CPR Technique. A mannequin provided by the American Heart Association of North Carolina was used to demonstrate the technique.

Iota Phi Lambda Sorority, Inc.

TURTLE TRIBUNE

Mu Chapter
Montgomery, AL

Volume 2, Issue 2 – Winter Edition November 2019 - January 2020

American Education Week

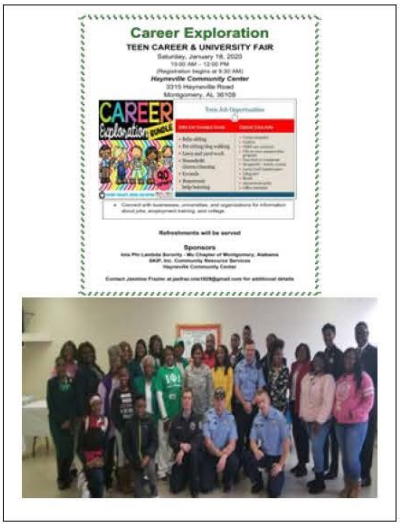
In recognition of American Education Week, Mu Chapter of Montgomery, AL held its Annual National Essay Contest Awards Program on Saturday, November 16, 2019 at the Hayneville Road Community Center from 10 am to 12 pm.

Mu-Chapter Community Service

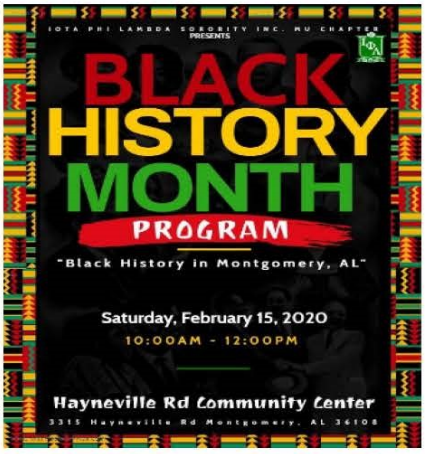
Wednesday, November 27, 2019, Mu Chapter participated in giving back to the community at the Salvation Army in Montgomery, Alabama. Seven of the Marvelous Mu Sisters offered their service in the areas of food preparation and serving meals to those who were present. Sisters enjoyed the fellowship, warm smiles, greetings and fun, while rendering service for a worthy cause. It was a wonderful success

Mu-Chapter 1st Thanksgiving Parade

Mu Chapter participated in the 96th Annual Turkey Day Classic Parade in Montgomery, Al.



UPCOMING EVENT



GAMMA ALPHA CHAPTER MIAMI FL

SPECTACULAR & SENSATIONAL SIX INDUCTED!

Gamma Alpha inducted ***6 Spectacular and Sensational*** ladies into *Iotaland* on December 15, 2019 at the Fairfield Inn & Suites in Pembroke Pines. They are a wonderful group of ladies that bring talent, commitment and energy to the chapter. They were given a *Fruits of Spirit* to represent their individual personalities by the Dean of Intake, Soror Rao. During their LoMePa Club session, we got to know them and they got to know us! The entertainment presented at their last session was par excellent and thoroughly enjoyed by all sorors, not to mention the delectable meal that followed. GA looks forward to wonderful Iota experiences with our neophytes! Gamma Alpha's ***Holiday Social*** followed the induction. MOI Vincent McBee and several guests joined in the spirit of the season!

Neophytes show their unity while Sorors Kristina, Barbara and Denise strike a pose. AFTT honors the Snell siblings while Gem Xykeéla Bell serenades honorees during the AFTT luncheon.

Annual American Education Week Apple for the Teacher Luncheon

Seventeen unsung educators from Miami-Dade and Broward Counties were honored at Gamma Alpha's ***Annual Apple for the Teacher*** luncheon held at Don Shula's Steak House in Miami Lakes, Florida on November 9, 2019 in celebration of American Education Week. This year's theme was ***"Reach... Educate... Inspire!"*** Each honoree had a photo shoot with our Journalist, Soror Kristina Rao and were presented with wrist corsages and boutonnieres.

Honorees were: Ms., Brittanee G. Brown (Hallandale Magnet High), Dr. Warren Brown (H.D Perry Education Center), Ms. Paula Darlington (Carrie P. Meek/Westview K-8 Center), Ms. Tiffany Davis (Barbara Hawkins Elementary School). Ms. Ericka T. Gainer (Miami Carol City Senior), Ms. Reewa Hill-Blue (Horace Mann Middle), Ms. Kimberly Holmes (Carol City Middle), Mr. Dwayne Lebrun (Andover Middle), Ms. Alizia Morris (Brownsville Middle), Ms. Denise Morris Stewart (Norland Elementary), Ms. Latisha A. Robinson (Dr. Charles R. Drew K-8 Center), Ms. Kimberly Robinson (Brentwood Elementary). Ms. Vanessa Silverman (Redland Middle), Ms. Alexis J. Smith-Parker (Henry E. S. Reeves k-8 Center), Mr. Juan E. Snell (Excelsior Charter Academy), Ms. Ulanda Snell (New Renaissance Middle) and Ms. Cepeachtria A. Winfield-Porter (Hialeah Gardens Middle). An original poetry tribute was recited by Xykeéla Bell (Former Gem, 2018) and "Hero" was played by Mr. Murray, saxophonist, emulating each honoree's significance in the lives of our children. Kudos to Soror Barr-Fisher and her committee!!

G&G Gems and Gents (FIL) On the Move

Gems and Gents (FIL) enjoy a bowling outing with former Gems Deborah and Christian. Guests and sorors also bowled. It was a great day of FUN and feasting on pizza ... a winner!

Soror Reed introduced and educated our G&G on the history, purpose and seven (7) principles of Kwanzaa. The Gems and Gents had the opportunity to learn about Kwanzaa and shopped for fruits and vegetables to prepare a dish for their parents during their Kwanzaa celebration. Gent Terry prepared a delicious vegetable soup for his family.

The Gems and Gens also had an essay contest on Cyber Bullying. Gent Jordan A. Chestnut, a sixth grader at North Miami Middle School, submitted his essay for the contest and will represent Gamma Alpha in the Southern Region

Soror Jo Ann Jones conducted the session on Saving and Budgeting. The Gems and Gents had to pick their future career and plan a budget. They learned how to make a budget, save money, use credit cards and tithing ten percent on your gross earnings

GREEN LOVE 4EVER!

What's Happening in

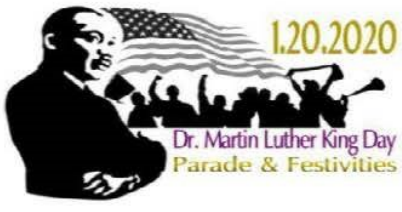
Epsilon Rho Chapter,

Orlando, Florida

Epsilon Rho celebrated AEW by donating a continental breakfast to the Business Department at Oakridge HS

December started with Charter day. An evening of honoring and celebrating the charter members.

The celebration continued with the Secret Sister Gift Exchange during December's Chapter meeting.



Poem

You Are More Than Beautiful

I want to apologize to all
the women
I have called pretty
before I've called them
intelligent or brave.
something as simple as
what you're born with
is all you have to be proud
of
when you have broken
mountain with your wit.
From now on I will say
things like
you are resilient, or you are
extraordinary
not because I don't think
you're beautiful
but because I need you to
know
you are more than that.

~Poet Rupi Kaur~

Hot and Saucy Steak

4 x 150g lean rump steaks
cooking spray
2 cups mushrooms sliced
⅓ cup shallots sliced
2 tablespoons BBQ sauce
2 tablespoons tomato sauce
2 tablespoons Teriyaki sauce
2 teaspoons Worcestershire sauce
2 tablespoons brown sugar
1 teaspoon crushed garlic (in jar)
½ teaspoon chilli chopped (or to taste)
1 teaspoon salt-reduced beef stock powder
1 tablespoon cornflour
1 cup water

Method

Trim fat off rump then fry steaks in a large non-stick frypan that has been coated with cooking spray for 3 minutes on each side turning once or to your preferred liking. Remove to a plate.
Re-spray frypan and sauté mushrooms for 3 minutes. Add shallots and cook a further 2 minutes.
Add all other ingredients except cornflour and water and simmer 2 minutes stirring slowly.
Combine cornflour with the water and add to the pan, mix together. Once boiled add the steak back to the pan to reheat.

https://www.symplytoogood.com.au/recipes/hot-and-saucy-steak/

"Business and Professional Women Building the Foundation for Generational Financial Empowerment"

Successful Tips For Business Women

This is an excert from 15 Black Business Women Share Their Tips for Success. You can read the rests of the tips at https://www.americanexpress.com/en-us/business/trends-and-insights/articles/15-black-business-women-share-their-tips-for-success/

Be Intentional
"Have a goal/objective in mind and a solid, realistic reason why the particular goal was chosen. This is important, because haphazard thinking and bumbling through life do not result in success. Have a plan and work the plan. Also, keep your eyes open and stay humble with every success. You want others to respect you as much as you respect yourself."

—Judge Marylin E. Atkins, author, The Triumph of Rosemary: A Memoir

Know Your Worth
"Don't be afraid to ask. The worst anyone can say is no. If you don't ask at all, you miss out on a lot of yeses. When you do get a no, take it with a smile. For me, no means not right now, but maybe later. I've had many situations where a no later became a yes when circumstances changed."

—Tamara Anderson, owner, Sugar and Spyked

"After 10 years of business, I've learned to ask for what I deserve. You may not always get what you want, but asking is very important. It's also OK to say no. You don't have to say yes to every business opportunity."

—Teana McDonald, founder, 3EConnections

Embrace Change
"Keep in mind that change is inevitable. I pay attention to business trends and markets, making it a priority to stay in front of the changes and not get left behind. Many small-business owners, including black business women, can be slow to change, but changing is necessary and required."

—Shahara Wright, business law attorney and CEO, The CEO Effect

Self-Promote
"Don't be afraid to self-promote. Often, black business women have been forced to hide our greatness. Instead of hiding, toot your own horn. Share the work you've done. You'll soon realize that the more you share, the more others will see the value in working alongside you and your business."

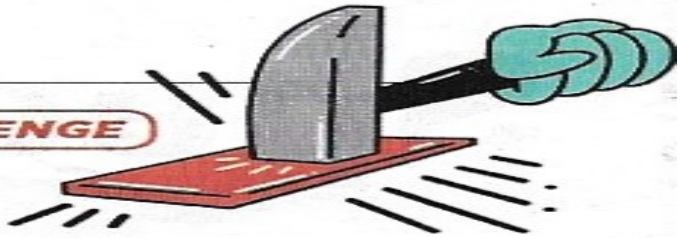
—Stephanie Caudle, owner and founder, Black Girl Group

Seek Balance
"Avoid neglecting your health. Drink water, eat your veggies and stay active. It's not about fitting into the mold; it's about you being able to truly enjoy your success. Being successful usually comes with a busy schedule. For you to keep up with that, you need to be healthy. Along the same lines, work-life balance is key. All work and no play makes for a very boring and unfulfilled life. Make time for friends and family. Take a vacation or steal away for a few days to mentally disconnect. This will keep your energy up and your creative juices flowing."

—Pamela Shand, CEO, Offer Stage Consulting

Learn from Failure
"Having a business is hard in general, but for black business women it still poses additional challenges. Beyond outside factors we can't control, we wrestle with our own demons. Owning a business comes with extreme highs and lows. When you land a new client or close a deal, you're on top of the world until something occurs to make you question your skill, worth or ability to succeed. It's important to learn from failure and get back up. If running a business were easy, everyone would do it, but there is a reason you chose to run yours. It's an unpredictable journey, but well worth it."

—Bethanie Nonami, co-founder, Marley Nonami



BRAIN CHALLENGE

WORDS OF WISDOM

We found 10 familiar sayings that include the word "is." Given the first letters of the words in each, can you figure out what saying they stand for? For example, "SWTI ... is ... H" would be **"Strike while the iron is hot."**

1 I ... is ... B.

2 NN ... is ... GN.

3 H ... is ... TBP.

4 B ... is ... ITEOTB.

5 ATG ... is ... NG.

6 ABITH ... is ... WTITB.

7 TP ... is ... MTTS.

8 HAL ... is ... BTN.

9 AP ... is ... WATW.

10 N ... is ... TMOI.

PUZZLER

STATE DEPT.

What's the one letter of the alphabet that doesn't appear in the name of any U.S. state?

NUMBER CRUNCHER

FUNNY ARITHMETIC

Solve each math problem by filling in the squares with the numbers 1 through 9, using each of the numbers only once (and doing the math operations in the order in which they appear).

	+		×		=	24
+		×		×		
	+		+		=	17
×		-		+		
	-		×		=	27
=		=		=		
44		20		25		

Next Newsletters

Chapter Newsletter Due May 10

Just A Note……

Hello Sorors,

I hope all your holidays were fun filled, successful, and I hope you ate enough for me. I am so excited about the upcoming 83rd conference in Miami! I am looking forward to seeing my Sisters and meeting new Sisters!

While in Miami take advantage of the beautiful city and beaches. There are many exciting things to do and see. Also, don't forget to share your photo's on our Southern Regional Facebook page and use the hashtag. (#83SouthernRegion) (#IotaInMiami) (#83Iota) (#83SRCnMiami)

Let me know what you think of the newsletter by emailing me at mgreenesrj@gmail.com. I value your opinion.

Sincerely,

Michelle Greene
Southern Region Journalist

SORORS on the MOVE

ANSWERS TO PUZZLE

Words of wisdom 1. Ignorance is bliss. 2. No news is good news. 3. Honesty is the best policy. 4. Beauty is in the eye of the beholder. 5. All that glitters is not gold. 6. A bird in the hand is worth two in the bush. 7. The pen is mightier than the sword. 8. Half a loaf is better than none. 9. A picture is worth a thousand words. 10. Necessity is the mother of invention.

Funny Arithmetic

5	+	7	x	2	=	24
+		x		x		
6	+	3	+	8	=	17
x		-		+		
4	-	1	x	9	=	27
=		=		=		
44		20		25		

State dept. The letter is Q.